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Haemoglobin Genotype, ABO/Rhesus Blood Groups and Malaria among Students Presenting to a Private University Health Centre in Nigeria

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Abstract

Background: Malaria has remained a major issue of public health concern. Protozoan parasites of the genus Plasmodium are the causative agents of malaria and an infected Anopheles mosquito transmits the parasite. Hb genotype and ABO blood groups have been implicated as part of the host innate features that may confer protection against the infection. Methods: This study was a retrospective study which involved the use of laboratory data of students who reported for malaria test in 2017/2018 with the corresponding Hb genotype and ABO/Rhesus blood groups identified. Results: A total of 2294 subjects participated in the study comprising 1039 (45.3%) males and 1255 (54.7%) females. From the study, 921 (40.1%) subjects were malaria positive giving a prevalence of 40.1% among the participants. Blood group O (60.5%) had the highest distribution followed by group B (19.9%), A (17.5%) and AB (2.1%). This same pattern of distribution was repeated for malaria positive and negative participants. The ABO/Rhesus blood group revealed the following pattern of distribution for malaria positive subjects: ORh+ > BRh+ > ARh+ > ORh- > ARh->ABRh-> BRh-> ABRh+ {58.3%, 17.9%, 16.5%, 2.8%, 2.1%, 0.9%, 0.8% and 0.8%} and ORh+> BRh+ > ARh+ > ORh- > ABRh+ > ARh- > BRh- > ABRh- \{56.7\%, 20.5\%, 16.2\%, 3.4\%, 2.1\%, 0.7\%, 0.3\% and 0.2%} for malaria negative subjects. Meanwhile, 2127 (94.7%) were Rhesus positive while 122 (5.3%) were Rhesus negative, out of the 921 malaria positive subjects, 861 (93.5%) were Rhesus positive while 60 (6.5%) were Rhesus negative. HbAA (66.7%) had the highest distribution among the study participants followed by HbAS (23.8%), HbSS (4.8%), HbAC (2.9%), HbSC (1.8%) and HbCC (0.04%), this was the same pattern observed among malaria positive and negative subjects. Conclusion: The high prevalence of malaria in this study is a pointer to the high level of endemicity and asymptomatic nature of malaria in this part of the world.

1. Introduction

Malaria has remained a major issue of public health concern. The World Health Organization reports that 97 countries and territories are endemic for malaria with an estimated population of 3.2 billion people at risk and 216 million cases every year leading to 445,000 deaths [1]. Nigeria has reported approximately 51 million cases and 207,000 deaths annually, accounting for the world's greatest malaria burden [2].

Protozoan parasites of the genus Plasmodium are the causative agents of malaria and an infected Anopheles female mosquito transmits the parasite [3,4]. In individuals who show resistance to malaria, a variety of host innate features that may confer protection against the infection, in addition to host been implicated immunity, have The haemoglobin genotype and ABO blood grouping constitute a few of such features and there is growing evidence, both epidemiological molecular, that report a relationship between these innate features and the relative risk of infection with *Plasmodium falciparum* [7,8].

The human haemoglobin (Hb) is formed from two pairs of globin chains with a molecule of haem attached. The major types of haemoglobin molecules include foetal and adult haemoglobins. The foetal haemoglobin (HbF) is found in the foetus while the adult haemoglobin as found in adults can be classified into HbA, HbC and HbS which is encountered in the sickle disease [7]. The inheritance of any of the haemoglobin gene from both parents can lead to any of these combinations: HbAA, HbSS, HbCC, HbAS, HbAC, HbSC [9, 10].

The ABO blood group system is very important in medicine. Blood transfusion became safer after Karl Landsteiner, an Austrian Biologist, discovered the ABO blood grouping in 1901 [7]. All humans belong to at least one of the blood groups: A, B, AB and O. The ABO blood group system consists of carbohydrate antigens A, B and H, which has the capacity to regulate the activities of proteins during infections and against these antigens. These antigens are formed by the terminal

glycosylation of glycoproteins and glycolipid chains present on cell surfaces [5, 11].

The parasite has developed several ways of evading the host immune system while in the erythrocytic stage of its life cycle. Rosetting, the binding of infected red blood cells (RBCs) to uninfected RBCs, is a virulence phenomenon that Plasmodium falciparum employs in order to cause infection, and it has been shown to cause severe malaria in African children [12]. Furthermore. rosetting has also been suggested to be a mechanism through which the parasite facilitates transmission of merozoites from infected RBCs into uninfected RBCs by means of 'direct passage', although, the confirmation of this hypothesis in vitro is yet to be ascertained. A few studies have revealed that rosetting parasites do not multiply better than nonrosetting clones in vitro [12, 13].

Studies have revealed that rosetting is reduced in individuals with blood group O. Although, the rosetting capacities of blood groups A, B and AB are still being debated, there are studies showing that rosetting is more prominent in individuals with blood group A [13, 14]. According to a case-control study carried out by one researcher [15], the blood group O confers protection on its host against severe malaria through reduced rosetting. Although, the molecular basis for this is yet to be completely understood, studies have reported that a sub-group of *Plasmodium falciparum* erythrocyte membrane protein 1 (pfEMP1) adhesins, encoded by a large var gene family, are responsible for rosetting [14, 16].

Variations in another gene which encodes an enzyme, Glucotransferase, have also been reported to be associated with protection against severe P. falciparum malaria. This because Glucotransferase is responsible for the production of A and B antigens present on the surface of RBCs in individuals with blood groups A, B and AB. The A and B antigens are trisaccharides consisting of GalNAca1-3(Fuca1-2)Gal1b1 BGalla1and 3(Fuca1-2)Galb1 respectively with different glycoproteins and glycolipids attached, while the blood group 'O' carries a disaccharide H antigen (Fuca1-2Galb1) due to the absence of the enzyme. These trisaccharides of antigens A and B have been proposed to act as receptors in rosette formation.

thus, rosettes formed by RBCs in individuals with blood group O are smaller and easily disrupted when compared with those formed by 'A', 'B' or 'AB' blood groups. Rosette formation and sequestration impair blood flow leading to tissue ischemia and death [15, 17].

Studies revealed have also that the haemoglobin variants also influence the distribution and transmission of Plasmodium falciparum malaria in humans [6]. Two haemoglobinopathies-HbS and HbC (with genotypes AS and AC respectively) have been reported to protect against severe malaria compared with their HbAA counterparts but the influence of these two haemoglobinopathies on other parameters that are not directly linked to malaria severity varies. Different hypotheses have been proposed to explain the protection conferred by haemoglobin genotypes AS and AC against malaria. They include, but not limited to, impaired development of the parasite at the blood stage, reduced cytoadherence of infected RBCs and enhanced acquisition of immunity [6, 18, 19].

Furthermore, protein targets of specific antibodies may be more exposed on the surface of RBCs with Hb S or C resulting in enhanced immunity. However, concerning other parameters such as gametocyte carriage and infection chronicity, they differ. HbS has been associated with reduced gametocyte carriage while HbC has been associated with frequent gametocyte carriage [6, 20].

Due to the nature of the malaria burden in Nigeria and with 97% of the population being at risk of infection ^[2], quite a few studies have been carried out to evaluate the role that haemoglobin genotypes and ABO/Rhesus blood groups play on the distribution of *P. falciparum* malaria among the populace. This study was designed to evaluate the distribution/relationship of haemoglobin genotypes and ABO/Rhesus blood groups among students

population of a private university in Nigeria presenting for malaria test.

2. Materials and Methods

This study was a retrospective study conducted at Redeemer's University Health Centre. Laboratory database of students who reported for malaria test in 2017/2018 was assessed and the corresponding haemoglobin genotype and ABO/Rhesus blood groups identified. Approval for the study was given by the Institutional Research Ethics Committee (RUN-IREC: 009). Patient confidentiality was guaranteed during this study as only laboratory authorized personnel were granted access into the database and the data generated were de-identified before it was released to the researchers.

Within the period under review, blood group was done using tile agglutination method with antisera from Lorne Laboratories, UK. while the haemoglobin genotype was carried out using consort EV 245 electrophoresis machine from Helena Laboratories, Texas. The malaria test was carried out with the use of rapid diagnostic test kits (global malaria pf/pv rapid test kit, USA) and microscopy methods.

3. Results

A total of 2294 participants were included in the study comprising 1039 (45.3%) males and 1255 (54.7%) females (table 1). From the study, 921 (40.1%) subjects were malaria positive giving a prevalence of 40.1% among the study subjects. Participants with blood group O (60.5%) had the highest distribution among the study subjects followed by blood group B (19.9%), A (17.5%) and AB (2.1%). This same pattern of ABO blood group distribution was repeated for malaria positive and negative participants as shown in table 3.

Table 1: Gender distribution of study subjects

		MAL	E	FE	MALI	E	COMBINED
	MP+	MP-	TOTAL(%)	MP+	MP-	TOTAL(%)	TOTAL
BG							
0	293	323	616 (44.4)	270	502	772 (55.6)	1388
В	94	124	218 (47.7)	78	161	239 (52.3)	457
A	101	99	200 (49.8)	70	132	202 (50.2)	402
AB	03	02	05 (10.6)	12	30	42 (89.4)	47
TOTAL	491	548	1039 (45.3)	430	825	1255 (54.7)	2294
HbGT			· · ·			, ,	
AA	359	329	688 (44.9)	293	550	843 (55.1)	1531
AS	97	132	229 (41.9)	102	215	317 (58.1)	546
SS	18	58	76 (69.7)	13	20	33 (30.3)	109
AC	11	16	27 (40.9)	14	25	39 (59.1)	66
SC	06	12	18 (43.9)	08	15	23 (56.1)	41
CC	0	01	01 (100)	0	0	0	01
TOTAL	491	548	1039 (45.3)	430	825	1255 (54.7)	2294

KEY: BG-Blood group MP+ malaria parasite positive MP- malaria parasite negative HbGT- Haemoglobin Genotype

The general pattern of ABO blood group distribution between male and female gender remained unchanged. However, there was a slight change in the pattern among malaria positive male participants, where blood group A (20.6%) was higher than Blood group B (19.1%) which however did not affect the overall distribution.

The ABO/Rhesus blood group distribution in this current study (table 2) revealed the following pattern of distribution for malaria positive subjects:

ORh+ > BRh+ > ARh+ > ORh- > ARh- > ABRh- > BRh- > ABRh+ with the following distribution 58.3%, 17.9%, 16.5%, 2.8%, 2.1%, 0.9%, 0.8% and 0.8% respectively. Meanwhile, for malaria negative participants, the following pattern was observed: ORh+ > BRh+ > ARh+ > ORh- > ABRh+ > ARh- > BRh- > ABRh- with the following distribution (56.7%, 20.5%, 16.2%, 3.4%, 2.1%, 0.7%, 0.3% and 0.2%) respectively.

Table 2: Distribution of ABO/Rhesus blood group among study subjects

		MP+			MP-	-	COMBINED	
BG	Rh+	Rh-	TOTAL	Rh+	Rh-	TOTAL	TOTAL (%)	
О	537	26	563	779	46	825	1388 (60.5)	
В	165	07	172	281	04	285	457 (19.9)	
\mathbf{A}	152	19	171	222	09	231	402 (17.5)	
AB	07	08	15	29	03	32	47 (2.1)	
TL	861	60	921	1311	62	1373	2294 (100)	

KEY: BG-Blood group MP+ malaria parasite positive MP- malaria parasite negative , Rh+ Rhesus positive, Rh-Rhesus negative, TL- Total

For the Rhesus blood group of participants, 2127 (94.7%) were Rhesus positive while 122 (5.3%) were Rhesus negative, out of the 921

malaria positive subjects, 861 (93.5%) were Rhesus positive whereas 60 (6.5%) were Rhesus negative as in table 3.

Table 3: Distribution of Haemoglobin genotype, ABO and Rhesus blood groups among study subjects

	MP+ (%)	MP- (%)	TOTAL (%)
HbGT	, ,	, ,	
AA	652	879	1531 (66.7)
AS	199	347	546 (23.8)
SS	31	78	109 (4.8)
AC	25	41	66 (2.9)
SC	14	27	41 (1.8)
CC	0	01	01 (0.04)
TOTAL	921 (40.1)	1373 (59.9)	2294 (100)
ABO BG			
O	563	825	1388 (60.5)
В	172	285	457 (19.9)
A	171	231	402 (17.5)
AB	15	32	47 (2.1)
TOTAL	921	1373	2294 (100)
Rh BG			
Rh+	861	1311	2172(94.7)
Rh-	60	62	122(5.3)
TOTAL	921(40.1)	1373(59.9)	2294 (100)

KEY: BG-Blood group MP+ malaria parasite positive MP- malaria parasite negative , Rh+ Rhesus positive, Rh-Rhesus negative, HbGT- Haemoglobin genotype

In the genotype distribution of the study subjects, as shown in table 3, HbAA (66.7%) had the highest distribution among the study participants followed by HbAS (23.8%), HbSS (4.8%), HbAC (2.9%), HbSC (1.8%) and HbCC (0.04%). The pattern of distribution remained the same among malaria positive and negative subjects. Meanwhile, in the genotype distribution of female participants (table 1), HbAC (3.1%) had a higher distribution than HbSS (2.6%) as against the general pattern of distribution observed in this study (table 3).

4. Discussion

The 40.1% prevalence of malaria recorded in this study, although higher than some other reports from both the same and other geographical regions of the country [21, 22], buttresses the fact that malaria is endemic in Nigeria where it accounts for more cases and deaths than any other country in the world. This is also a reflection of the high rate of asymptomatic plasmodium parasitaemia in endemic regions [23] such as Nigeria. However, this could

also be due to the geographical location of the study site which is largely suburban.

Determination of the various ABO/Rh blood group distributions and their association with malaria infection has paramount significance in the context of transfusion medicine and malaria control [23]. In this study, a high prevalence of the blood group O phenotype (60.5%) was observed among study participants followed by B (19.9%), A (17.5%) and AB (2.1%). These results are consistent with the reports from a research conducted in Northeastern Nigeria [24]. It is known that people with blood type O are protected from dying of severe malaria, and that blood group O confers protection against severe Plasmodium falciparum malaria through reduced rosetting [15, 25]. This may explain why blood type O seems to be the most prevalent blood type in malaria endemic countries and in this current study. The ABO blood group frequencies recorded in this study: O>B>A>AB, agreed with some other studies that reported high group O frequency in malaria endemic regions as compared to other blood groups [7, 10, 26, 39].

Conversely, it has been reported that malariafree cold regions harbour higher frequency of blood group A phenotype than O [23, 27]. Although, one researcher [28] reported a different distribution pattern of a high frequency of blood group O followed by blood group A. It may be safe to mention that this distribution of blood groups is not exclusive and is geographically and ethnically dependent [5]. This claim is further strengthened by the observation of a totally different pattern from studies conducted in malarious areas of India where one researcher [29] observed the B phenotype as the most abundant blood group in the region. This current report agrees with a study conducted on the Gwari tribe of Abuja and the Rubuka tribe of Plateau state, both in Nigeria [30].

In addition to this, as regards the Rhesus factor, 94.7% of the population in this study was Rh+, while the remaining 5.3% was Rh-. The prevalence of Rh-, even when minimal, is not insignificant considering its medical implications in pregnancy and child birth, arising from haemolytic disease of the newborn [31].

The 66.7% prevalence of the haemoglobin AA genotype recorded in this study is in agreement with the figure reported for blacks (55-75%) while the 23.8% prevalence of the AS genotype also agrees with the figure reported for Nigerians (20-30%) and for Africa in general (20-40%) [32]. The 4.8% prevalence of HbSS also agrees with the reported figure for Africans in general (1-10%). Although a population study in North-west Nigeria, South-south Nigeria and Kenya recorded a zero percent prevalence of the HbSS genotype, this could infer a varying inherited haemoglobin variants amongst populations around the world [30, 33].

We observed malaria parasitaemia significantly more common in subjects with genotype AA than in those with the other haemoglobin genotypes. Individuals with haemoglobin genotype AA are very susceptible to malaria infection because the red cells are conducive for the growth and development of the parasite [34]. From results obtained in this study and reports of previous and similar studies, it is also clear that malaria infection rates were lowest for HbSS followed by HbAS. This is consistent with the reports of some earlier studies, which stated that the allele that causes sickle cell anaemia, Hb S, imparts resistance to malaria infection, as it is known to interfere with the growth and

reproduction of malaria parasites. This has been recorded to occur through a reduction in the intake or release of oxygen due to the sickle nature of the red cell, and this results in the removal of sickle red cells from circulation before the malaria parasites are able to complete their life cycle [8, 34, 35].

It should also be stated that patients who are heterozygous for the sickle trait gene (HbAS, HbAC) are usually more resistant to Plasmodium falciparum infection than those who homozygous [8] (HbSS, HbAA) Several mechanisms such as the impaired entry into and growth of the malaria parasites have been suggested to explain this protective effect. As such, the nonuniform trend in the prevalence rate of malaria among individuals in the same blood group and Rhesus factor could be due to other factors. These factors include demography, the Plasmodium species causing the infection, age, medical status, gender and other genetic factors such as variation in structure and chemical composition of the receptor sites on the erythrocytic membrane of various groups, which are known to play an important role in determining susceptibility to malaria infection [8,

In one study [37] carried out in a Teaching Hospital in Ekiti state, Nigeria, individuals with haemoglobin genotype AS and AC suffer lower incidences and less severe malaria compared to HbAA. Another study [38], observed that the ability to control haem effectively during acute infection led to a milder proinflammatory response in individuals with Hb AS and AC. This may explain the reduced susceptibility to the severe disease as high levels of proinflammatory cytokines have been reported to cause dyserythropoiesis, which can result in severe malarial anaemia. A similar study [24], conducted among under-five nomadic Fulani in North-eastern part of Nigeria observed that, as regards haemoglobin genotypes, infection was higher in HbAA individuals than in other genotypes while HbSS individuals were not infected at all. They also observed that individuals with blood group A were the most infected followed by blood group B and the least infected was blood group O.

Conversely, one study [22] carried out in Bauchi state, Nigeria, did not observe any significant differences in malaria prevalence in relation with the ABO blood groups. Interestingly, another study

carried out in Delta state [39] supported this observation and also did not observe any significant association between the ABO blood types and malaria parasitaemia. They concluded that all ABO blood groups are equally at risk of the infection. More interestingly, a similar study conducted in Ogbomoso, Nigeria [35], observed the highest malaria prevalence in individuals with haemoglobin genotype SS and SC, followed by those with AS and AC while the least prevalence was observed in genotype AA individuals. They also observed higher malaria prevalence in blood group O individuals than in other blood groups.

Based on gender differences, there are mixed rates of infection when both genders are considered according to their genotypes. This was determined by the ratio of malaria positive males with the genotype to the total number of malaria positive individuals for that gender. In this study, the male and female population of HbAA genotype infection rates were (73.12%) and (68.14%) respectively. Genotype AS male and female malaria infection rates were 19.76% and 23.72%, while 3.67% and 3.02% for HbSS, 2.24% and 3.26% for HbAC, 0.20% and 1.86% for HbSC genotypes, and 0% for HbCC as shown in Table 1.

5. Conclusion

The high prevalence of malaria in this study is a pointer to the high level of endemicity and asymptomatic nature of malaria in this part of the world. As a result, malaria control should be a concerted effort of all stake holders including the governments at all levels and donor agencies while allowing the people themselves to undertake key roles in the control of the menace. Furthermore, we like to recommend that all blood donors/blood for transfusion be screened for malaria before given to the recipients.

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